Training
Building a Stronger Workforce

Professional Development
Nursing

Health Assessment of Older Adult

**Audience**
This training is intended for registered nurses licensed in Quebec who wants a refresher upon their Health assessment skills of the older adult. It provides an overview of the physical and functional assessment and health history process. It includes a review of different types of assessment tools.

**Program Duration and schedule**
This course is 7 hours in length. It can be offered at your location or at the college during the weekday, evenings or weekends.

**Course Objectives**
At the end of the course participants will be able to:

1. Understand normal aging physiological changes.
2. Identify abnormal changes in the older adult
3. Assess the functional abilities for ADL's by using appropriate assessment tools.
4. Complete a thorough physical assessment and history using a systematic approach
5. Document findings appropriately
6. Identify signs of abuse in the elderly
7. Identify clinical manifestations of drugs prescribed to the older adult