Training
Building a Stronger Workforce

Professional Development
Nursing

Assessment of the Mental Status of Older Adult

Audience
This training is intended for registered nurses licensed in Quebec who wants a refresher of the mental status assessment skills as it applies to the older adult. It includes assessment of the cognitive and affective functions using appropriate assessment tools.

Program Duration and schedule
This course is 7 hours in length. It can be offered at your location or at the college during the weekday, evenings or weekends.

Course Objectives
At the end of the course participants will be able to:

1. Collect information about the older adult from significant others and health care professionals
2. Perform a thorough mental status examination
3. Assess the cognitive and affective function of the older adult by using appropriate assessment tools.
4. List age-related changes in physiology that alter the effects of medications in the elderly.
5. List examples of drugs that may be inappropriate for use in the elderly according to the Beers list.
6. Document findings appropriately
7. Review Delirium, Dementia and Depression